

(Insert Date)

Dear (Insert Counsel name),

“Billings has given me knowledge about my body that I never would’ve had otherwise. It allowed me to pinpoint ovulation and I was blessed to conceive very quickly. Billings helps me proceed with confidence in any situation including the post-partum and breastfeeding stage when charting gets more unpredictable. My Billings teacher has been indispensable and is always willing to answer my questions! Billings truly has been a blessing for my husband and I for the past few years.” – **Anastasia, 25, Edmonton**

That’s just one testimonial we’ve received in over 33 years of teaching fertility awareness to Albertans.

**You’ve been generous to us in the past.**

You know that the Billings Ovulation Method® is a modern, scientifically-researched system of fertility awareness. It lets women recognize their unique fertility patterns with high accuracy so they can identify underlying health issues and achieve (or postpone) pregnancy. We’ve helped women in your diocese remain true to their vocation in observing Church teaching faithfully. The development of the method by founders Drs. John and Evelyn Billings turned out to be consistent with Pope Paul VI’s landmark 1968 encyclical on sexuality, Humanae Vitae. Documentation is currently being collected to begin their beatification process.

**You can continue to help us help women.**

In 2019, we delivered over 3,000 hours of volunteer teaching throughout Alberta. Public awareness of hormonal contraception’s harmful effects on women’s physical, emotional, and spiritual health is growing. We foresee greater demand for our teaching services in years to come.

Our association is in need of new promotional products to bring awareness of the Billings Ovulation Method to health fairs, conferences, and parishes with our next big event coming up at this year’s Family Life Conference. Two banners and a table runner have been designed to promote our organization in a tasteful and professional manner. The cost of one set of these products is $400.00. Our goal is to provide as many Billings instructors as possible with a set of these products to display in their community and parishes. We appreciate any financial support that you are able to offer us at this time.

We’re a registered charity\* and we issue official tax receipts. You can donate by postal mail to the address below or online at <https://billingslife.ca/get-involved/donate>. You can also help us by sharing your email address. We promise not to resell or share this information outside of our organization.

Thank you for your generosity!

Sincerely,

( name)

*“Every woman is entitled to the knowledge and understanding of her fertility and reproductive health.” – Dr. Evelyn Billings*

**Natural Family Planning Association (Alberta)**

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