



**NATURAL FAMILY PLANNING ASSOCIATION  
(ALBERTA)  
CODE OF ETHICS**

The candidate is required to accept, promote and give witness to the philosophy of the Natural Family Planning Association (Alberta), which are the same aims and objectives of the Ovulation Method Research and Reference Centre of Australia Ltd., WOOMB International (World Organization Ovulation Method Billings) and WOOMB Canada.

These are:

1. N.F.P.A. (AB) gives public witness to the institution of marriage, between a man and a woman in a partnership of their whole life, as the only appropriate setting for a sexual union.
2. N.F.P.A. (AB) will encourage parents to meet their mutual responsibilities to each other and to their children. It will seek to develop unselfish love between the members of the family by education, counselling and other necessary services.
3. N.F.P.A. (AB) will actively seek to enrich the union between husband and wife for their mutual benefit and for that of every child, promoting an atmosphere of love and security for the family.
4. Fertility control, using natural methods, will be directed at:
  - a. Helping couples who wish to have children
  - b. Helping couples who wish to avoid pregnancy
  - c. Helping women monitor and safeguard their reproductive health.
5. N.F.P.A. (AB) aims to teach people how to make the necessary observations and how to use the necessary techniques for the identification of fertility and infertility.
6. N.F.P.A. (AB) aims to impart to husbands the knowledge necessary to exercise a supporting role in the application of the method taught.
7. N.F.P.A. (AB) through encouragement and help, will promote an attitude of acceptance of the pregnancy not deliberately planned, so that the child when it is born will be welcomed and loved.
8. N.F.P.A. (AB) believes that the husband and the wife have the sole right to determine in conscience the number of children in their marriage. This right may not be usurped by any civil or other authority.
9. Fundamental to the philosophy of N.F.P.A. (AB) and WOOMB International is the rejection of contraception, abortion and direct sterilization of the male or female. Each member undertakes not to promote or to advise the use of such methods.
10. N.F.P.A. (AB) will actively promote any necessary activities or negotiations required for the mutual benefit of members and will organize programs of education and of educational and scientific research.

To be eligible for Accreditation, the candidate must give explicit acknowledgement of the fact that the application of the Billings Ovulation Method necessitates careful observation of the changing characteristics of the cervical mucus from day to day, once there has occurred a variation from the Basic Infertile Pattern. This acknowledgement implies acceptance of the limitations imposed by the biological principles of the Billings Ovulation Method, whereby internal examination of the vagina and cervical palpation, and complete or incomplete coitus (with or without barrier methods of contraception) obscure the behaviour of the mucus and make consistently accurate observations of the ovulatory pattern impossible, as does cervical palpation.

The candidates are also required to give an assurance that when they claim to be teaching the Billings Ovulation Method they will not depart from the authentic principles and rules set out in approved literature. Accreditation is renewed every three years provided that the Teacher is actively teaching and has attended an approved Workshop or Conference during this time.

I accept the above conditions for accreditation as a Natural Family Planning Association (AB) teacher, trainee, associate or board member/director.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_